



Monthly Mentor Guide – Balanced Man Steward

As balanced man stewards, you will be working with your chapter's vice president member development to properly implement the Balanced Man Program. The BMP can be a complex program to run and requires tailored guidance. Your ability to ask the right questions at the right time will give you the ability to support your VPMD. The questions below give an outline of possible topics and are meant to guide you in your discussions with the VPMD. These questions are simply suggestions; don't limit yourself to only asking these questions. Keep in mind that the timeframe of some of these topics may vary depending on the university academic calendar and chapter-specific programming, so you should adjust accordingly.

August	<ul style="list-style-type: none">• Have you appointed challenge coordinators yet? Have you updated these coordinators in the officer portal?• What BMP language exists in the membership agreement? Does the agreement mention membership lapsing, challenge completion or BMP App usage?• Have you reviewed the BMP challenges with a fresh lens before the new year? What changes do we need to make?<ul style="list-style-type: none">○ Who are we asking for input for each challenge? Are we engaging more than just the development committee?○ What events can we add that are fun and engaging? How do we get outside of the typical lecture setting of BMP meetings?○ How are we using the surrounding community and campus resources to our advantage? What university events can be used for challenge programming?○ How have we incorporated Sound Mind and Sound Body programming into BMP programming?○ How are we ensuring our members aren't over-programmed?• How well do the meetings and activities of each challenge line up with the purpose of the challenge? How well do the meetings and activities correlate with the five core philosophies of the BMP?• Have you double-checked that everyone is in the correct challenge in the BMP App? If not, connect with your RD to update the roster.
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	<ul style="list-style-type: none"> • What questions do you have about the BMP App? Are you prepared to deploy new challenges to new members this semester?
September	<ul style="list-style-type: none"> • How is the chapter pitching the BMP during recruitment? Should we set up a workshop during a chapter meeting to refresh members on the pitch? • When does the development committee meet? Is it at least once a week? • What have we done to involve the vice president of programming in calendar planning? • How can we recruit content experts to facilitate meetings or activities? If we have already recruited them, how can we make sure they are prepared? <ul style="list-style-type: none"> ◦ Have we shared expectations and outcomes with them? ◦ Have we locked down times, dates and locations for each event? • What expectations has the VPMD set with his development committee? • What training do the challenge coordinators need to receive in order to do their jobs most effectively? • What Rites of Passage are members ready to go through? Have you scheduled Rituals with the chaplain yet? • Are all of our new members registered with Headquarters? Have all new members downloaded the BMP App? • How are the VPMD and chaplain interacting? Have they scheduled regular check-ins to discuss brothers’ progress through the four challenges? • Who is the next vice president of member development going to be? Have you groomed anyone to take your place yet? • Are brothers consistently using the BMP App to track progress with meetings and activities? If not, what can we do to start this?

<p>October</p>	<ul style="list-style-type: none"> • How are we going to integrate 365-recruitment new members into the Sigma challenge? • What content experts are we using in the BMP challenges? What events or challenge meetings would benefit from content experts, if they don't have them already? • Have we identified another member to take over your role after elections? What can we do to ensure that he is elected? • What Carlson Member Development Awards will the chapter apply for? The McCleary Excellence in member development award? An Excelsior Award for member development?
<p>November</p>	<ul style="list-style-type: none"> • Now that the chapter has elected your replacement, how can we get him some real experience? What can he do to be prepared to take over as VPMD? • How are we collecting feedback from members as they complete their challenges? • Have members been actively using the BMP App? How can we increase their usage rates? • How can you share the value of the BMP App with the new VPMD and his development committee? • What have you done to document member development activities for the Buchanan Cup application? • Is there anything you wish you would've done differently while you were the vice president of member development? What advice do you have for the next officer?
<p>December</p>	<ul style="list-style-type: none"> • What documents do you need to transition to the next officer at the executive transition retreat? • How effectively are the challenges meeting the expectations and outcomes laid out at the beginning of each challenge? How can we adjust the meetings and activities to more effectively meet those expectations and outcomes? • What updates do we need to make to expectations with membership lapsing, challenge completion, and BMP app usage? • How has this mentor/mentee relationship been going for you? Is there anything I can do to improve? • What goals does the new VPMD have for his time in the position? • How can you work with the new VPMD over winter break to set him up for success? • What is the new VPMD doing over winter break to prepare for the upcoming semester?

	<ul style="list-style-type: none"> ○ How is he setting up his committee? Who will be on the committee?
<p>January</p>	<ul style="list-style-type: none"> • Have you identified everyone on the development committee who will attend the Carlson Leadership Academy? There are tracks that are relevant to the vice president of member development, challenge coordinators and young leaders interested in the Balanced Man Program. • Have you appointed challenge coordinators for each challenge? Have the challenge coordinators been connected with their mentors? • Have we implemented the feedback that members gave us upon completion of their challenges? <ul style="list-style-type: none"> ○ Who are we asking for input for each challenge? Are we engaging more than just the development committee? ○ What activities can we implement that will get more engagement from members? • How well do the meetings and activities of each challenge line up with the purpose of the challenge? How well do the meetings and activities correlate with the five core philosophies of the BMP? • Have you double-checked that everyone is in the correct challenge in the BMP App? If not, connect with your RD to update the roster. • How can we recruit content experts to facilitate meetings or activities? If we have already recruited them, how can we make sure they are prepared? <ul style="list-style-type: none"> ○ Have we shared expectations and outcomes with them? Have we locked down times, dates and locations for each meeting or activity? • Are all of our new members registered with Headquarters? If not, go to sigep.org/join to get them registered under SigEp’s insurance policy and in the BMP app. • Have all new members downloaded the BMP app?

<p>February</p>	<ul style="list-style-type: none"> • How can you prepare yourself for the Carlson Leadership Academy? What do you want to get out of this leadership training experience? • Do all chapter members have BMP App access? • Have you met with the standards board to discuss membership lapsing? • How is the chapter pitching the BMP during recruitment? Should we set up a workshop during a chapter meeting to refresh members on the pitch?
<p>March</p>	<ul style="list-style-type: none"> • What did you learn at Carlson Leadership Academy? How are you going to share this knowledge with the rest of the executive board and chapter? <ul style="list-style-type: none"> ◦ What SMART goals did you set at Carlson? What action plans did you set while at Carlson? How are you going to use other VPMDs that you met to improve the chapter’s BMP? • How are we going to integrate 365-recruitment new members into the Sigma challenge? • What challenges are ending soon? How are you preparing for those members to move on to the next challenge and go through the Rite of Passage? • What has been the best challenge meeting/activity in each challenge so far? • How is the new committee working out? Who is the best committee member, and why? Do you need to replace anyone? • What are you learning as a leader by managing this committee?
<p>April</p>	<ul style="list-style-type: none"> • How are we supporting members with finals coming up? • What went well this semester with the BMP? What could have gone better? How can we adjust our strategy moving forward to make sure we’re better prepared for the fall? • What members are at risk of membership lapsing? How are we discussing expectations with them? • Have you begun to identify a successor? What are you doing to ensure that person is setup for success? • How are you creating goals for the summer? What do you need to do to prepare for the next semester?

<p>May</p>	<ul style="list-style-type: none"> • What BMP challenges need to be created? If all BMP challenges already exist, which challenges need to be updated? • What are your summer goals? Who else have you included in your goals? How can they help you prepare? • How can we best communicate over the summer? • When was the last time you reviewed each challenge in depth? How can you spend the summer receiving brothers’ feedback for one challenge and focusing on updating that challenge accordingly?
<p>June</p>	<ul style="list-style-type: none"> • What progress have you made on your summer goals? • How have your goals changed since May? • What thought have we put into a rough draft of a BMP calendar for the upcoming semester?
<p>July</p>	<ul style="list-style-type: none"> • Who are your ideal challenge coordinators? Have you approached them about being coordinators? • How have we progressed on the creation of a BMP calendar for the semester? • What progress have you made on your summer goals since June? How can we ensure that the goals are met by the end of the summer? • What goals do you have for the upcoming semester? What do you want to accomplish before your term as VPMD is over? • How can we recruit a faculty fellow? What professors or university officials are particularly popular with members of the chapter? • Is the BMP App prepared to be utilized on day one of the semester?