

Resolution GCC23-12

Partner with *The Reflect Organization*

WHEREAS

Mental health and wellness are pressing concerns, particularly among college-age men who too frequently feel they cannot express emotions fully due to external societal influences; and

WHEREAS

This problem manifests itself on college campuses across the nation as evidenced, for instance, by troubling rates of mental illness and suicide as well as loneliness and isolation; and

WHEREAS

1 in 3 people between the ages of 18-25 years old experienced a mental illness, 3.8 million 18-25 year olds have expressed thoughts of suicide¹, and pre-pandemic, more than 60% of college students felt very lonely²; and

WHEREAS

The current offering of mental health and wellness resources on college campuses is insufficient to meet the growing mental health and wellness needs of college students; and

WHEREAS

Without more resources to support college students' mental health and wellness, the situation on college campuses is left to become more dire; and

WHEREAS

Members of Sigma Phi Epsilon are committed to a Sound Mind and Sound Body; and

WHEREAS

Sigma Phi Epsilon has always risen to the occasion to address the challenges of higher education; and

¹ NAMI (n.d.). *Mental Health By the Numbers*. National Alliance on Mental Health. Retrieved July 27, 2023, from https://nami.org/mhstats?gad=1&gclid=CjwKCAjwq4imBhBQEiwA9Nx1BtSgkeyh9ovIXY99MLdp5NAHQZ6drNHBNFQhfVjCMF6Dc3m-eyX7ZxoCc54QAvD_BwE

² ACHA, (2017) Fall 2017 Reference Group Executive Summary. p 13, Retrieved July 31, 2023 from https://www.acha.org/documents/ncha/NCHA-II_FALL_2017_REFERENCE_GROUP_EXECUTIVE_SUMMARY.pdf

WHEREAS

At the 53rd Grand Chapter Conclave, the Grand Chapter resolved that a suitable philanthropic and service-learning partnership meets the following three criteria: 1) shared values, 2) the geographic reach to connect every chapter, and 3) mutual benefit to Sigma Phi Epsilon and the philanthropic and service-learning partner³; and

WHEREAS

Sigma Phi Epsilon furthermore has identified being “[...] inherently or uniquely SigEp”⁴ as a noteworthy characteristic in the context of being a philanthropic and service-learning partner; and

WHEREAS

The Reflect Organization is a national mental wellness nonprofit organization that aims to help transform campus culture through student development; and

WHEREAS

Brother Jared Fenton, Pennsylvania ‘17, Honor of Philias ‘19⁵, Tragos Quest to Greece Mentor ‘22, founded The Reflect Organization; and

WHEREAS

The legacy of Brother Tony Krumbhaar, Pennsylvania ‘12 helped inspire Brother Fenton to found The Reflect Organization; and

WHEREAS

Sigma Phi Epsilon’s Cardinal Principles of Virtue, Diligence, and especially Brotherly Love inform the work and vision of The Reflect Organization; now, therefore be it

RESOLVED

That this 58th Grand Chapter charge the Sigma Phi Epsilon staff to formalize a partnership with *The Reflect Organization* (Reflect); and be it

³ Sugdan, Ryan, (2014) “Big Brothers Big Sisters and SigEp,” *SigEp Journal*, p 27. Retrieved July 31, 2023 from https://issuu.com/sigmaphiepsilon/docs/journal-sp14_r4

⁴ Ibid.

⁵ The Honor of Philias was awarded to Brother Fenton in recognition of his “[...] special expression of the Fraternity’s cardinal principle of brotherly love” through his work with The Reflect Organization. Retrieved July 31, 2023 from <https://sigep.org/sigepjournal/penn-delta-brother-earns-honor-of-philias-for-focus-on-student-mental-health/>

FURTHER RESOLVED

That The Reflect Organization is named a national programmatic and service-learning partner of Sigma Phi Epsilon; and, be it

FURTHER RESOLVED

That Sigma Phi Epsilon will begin implementing Reflect programming in the 2023-2024 academic year in a manner consistent with the recommendations of Sigma Phi Epsilon's Men's Mental Health Committee.

Committee:	Resolutions Purple Committee
Committee Recommends:	Pass
Grand Chapter Action:	Pass

Brooks Belanger, Chairman, Resolutions Purple Committee
58th Grand Chapter Conclave – San Antonio, TX – August 2-6, 2023