



SigEp

**LIFE AFTER
COLLEGE**

Acing the Interview

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Desired Outcomes

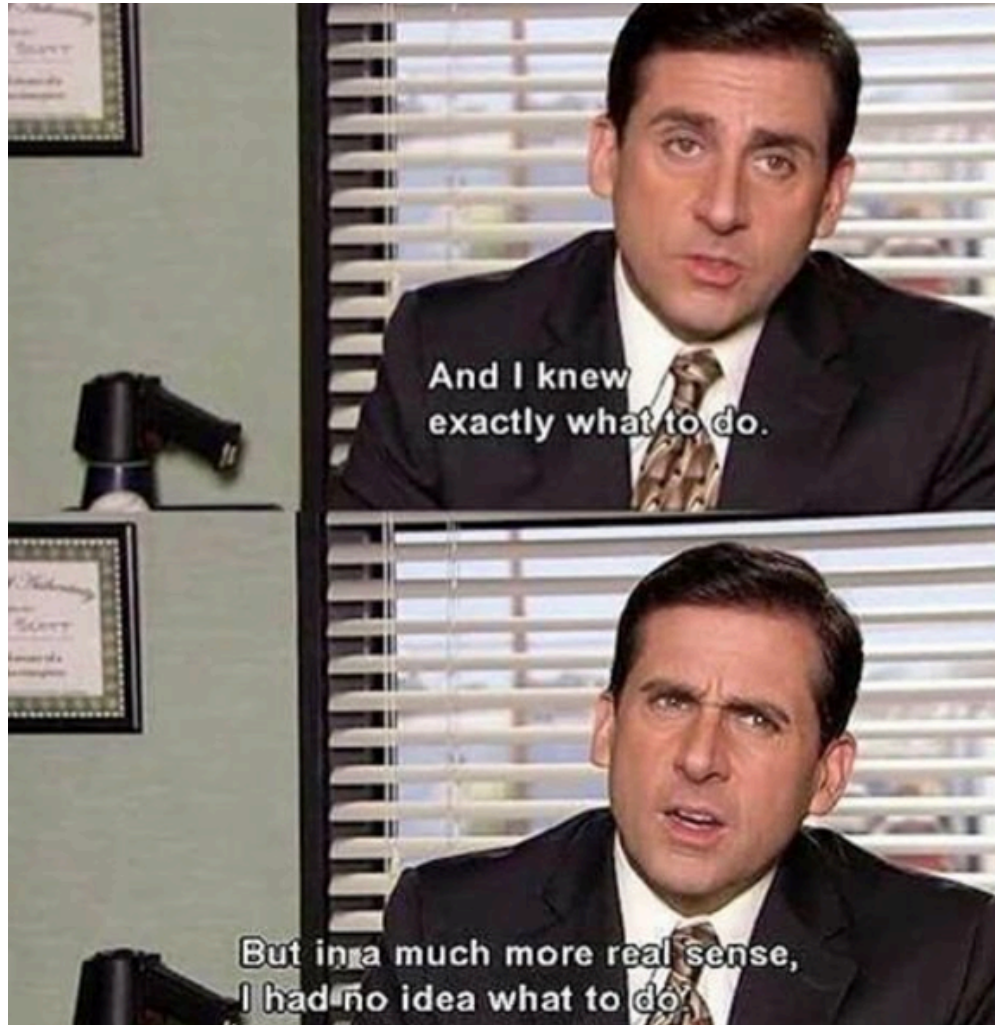
Participants will...

- **Understand how to prepare and practice for any interview**
- **Understand how to calmly and concisely answer questions in an interview**
- **Understand how to leverage and relate their relevant experience before and during an interview**
- **Leave more confident in their interview skills and with live interview practice**



Agenda

- **Prepare**
- **Practice**
- **Execute**
- **Follow-Up**
- **How to Fail**
- **Role Plays**



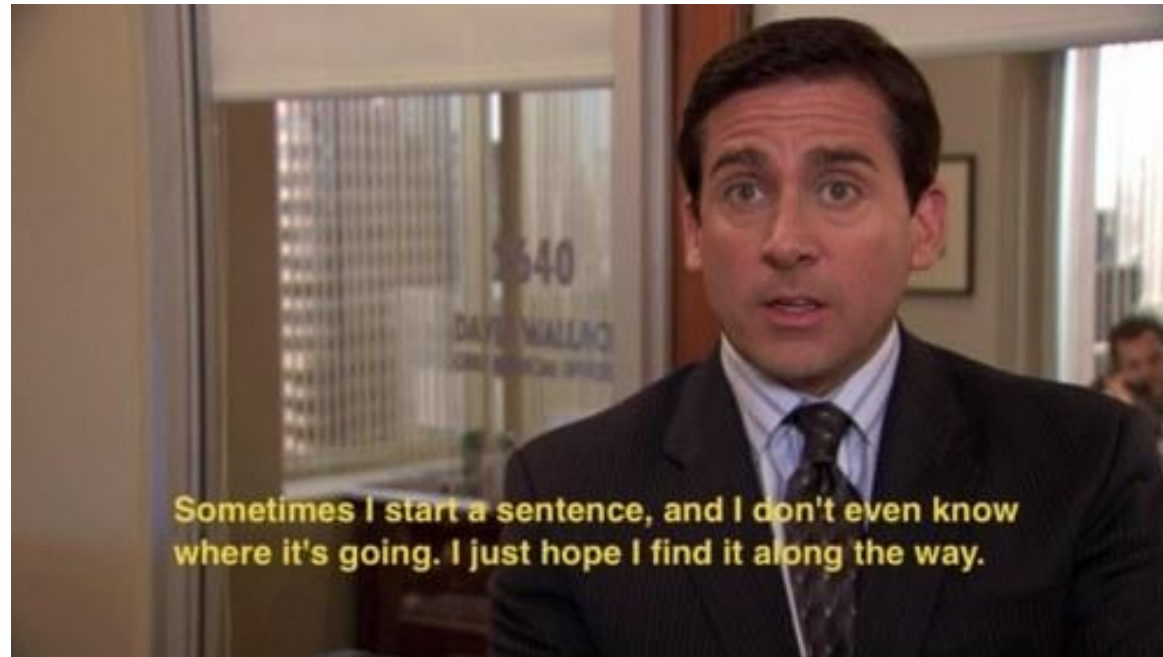
Prepare

- **Research Company**
- **Ask Questions...**
 - **Format, types of questions, setting interviewers, length, process**
- **Get Familiar w/ Job Description**
- **Pre-Interview Exercise**
- **Dress to Impress**



Practice

- **Kill the A.N.T.s:**
 - **Automatic Negative Thoughts**
 - **Write them down**
 - **Assess**
 - **Talk Back to Them**
- **Practice and Role Play**
 - **”Tell me about yourself”**
 - **“Why are you a good fit?”**
 - **”Why do you want this role?”**





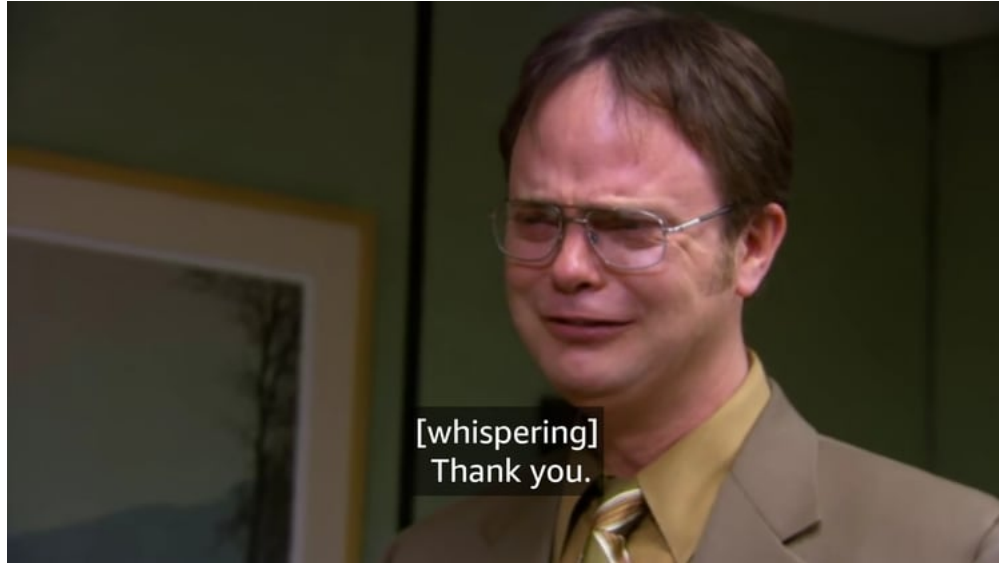
Execute

- **Tips for Becoming and Staying Poised**
 - **Get Jacked Up**
 - **Body Language**
 - **Combative Technical Breathing**
 - **In for 4, Out for 4**
 - **Anxiety = Excitement**
 - **Find a Friend**



Execute

- **Ask Questions**
 - **Specific and Impactful**
 - **Develop conversation**
 - **Write them down**
 - **Prepare a closing statement**
- **Video/Phone Interviews**
 - **Dress the same**
 - **Test technology**
 - **Set up in right environment**



Follow-Up

- **Thank You notes to all parties**
- **Letter or Note**
- **Same Day If Possible**
 - **Express Excitement**
 - **Be Specific**
 - **Express Gratitude**
 - **Reinforce Qualifications**
 - **Address any Concerns**



How to Fail



- **Don't...**
 - **Research Company/Interviewers**
 - **Understand the Role**
 - **Prepare w/ Role Plays**
 - **Ask Questions**
 - **Communicate/Act Professionally**
 - **Convey Genuine Interest**
 - **Find Common Ground w/ Interviewer**



Role Plays

- **Pick Your Dream First Job**
- **“Tell me about yourself.”**
- **”Why are you interested in the role?”**





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