

Fun Respect Inclusivity Empower Pos  
 Persistence Diversity Confidence  
 Trust Empathy Patience  
 Open Mindfulness Love Accountability  
 Transparency Gratitude Inspiration  
 Kind Down to Earth Personal  
 enjoyment (I am creates) Responsibility

Doubt Sarcasm Pessimistic  
 Fear Chaotic demeaning  
 Judgment Yelling/Telling  
 Blame Ignorance Umbrage impatient  
 Greed Stubborn **STRESS**  
 Fatigue Frustration

Processing + Audit

- What's Working?
- What isn't?
- What's Behind Every Complaint
- Define Your (overall) SUCCESS
  - Paint the picture (vision) of what success looks like this year.

Words create Worlds discover  
 support aid  
 together add assist idea  
 can invite observation  
 include create thought "your  
 share welcome request welcome"  
 Contribute offer laboratory  
 "try it on" insight experiment  
 "My Pleasure"

Miss manage critical challenge  
 drive give critique change  
 feedback "not" words — doubt  
 negative transitions — worries  
 -but -though — problem  
 -yet -however

7 - 38 - 55

Body Lang 55  
 Content 7  
 Tone 38

## Clear & Effective Commu

Me

Intention  
Heart  
Head

You

Interpretation

"Do you  
know what  
I mean?"

"What are you hearing?"

□ List all of your chapter priorities for the year

□ Condense to 3 then Prioritize

□

## Follow-Up Work

□ Outline Your Intention for the year

□ Develop 3 specific goals that will make your intention complete/fulfilled

□ Identify 3 Benchmarks (micro Missions) for each goal