



## BROTHER MENTOR CHALLENGE

### PREPARING YOURSELF AND THE CHAPTER FOR THE FUTURE

More than any other challenge, the **Brother Mentor challenge provides guided opportunities for members to prepare for life after college.** By providing these relevant opportunities, the challenge will keep members actively engaged in the Fraternity. Members of the challenge walk away prepared to start their career and feel comfortable with their day-to-day responsibilities and opportunities after they graduate.



#### KEY PEOPLE:

The **Brother Mentor challenge coordinator** has an opportunity to provide the education that members need in SigEp while keeping the oldest members engaged. Because the Brother Mentor Challenge Coordinator is still in school, he should organize and execute this challenge with the help of an alumnus or volunteer. The Brother Mentor challenge coordinator does not need to be in the Brother Mentor challenge. When this challenge is run right, the Brother Mentor Challenge Coordinator is the most popular position in the chapter because he gets to work with successful alumni on a regular basis. Beyond **planning and executing monthly Brother Mentor challenge meetings**, successful coordinators will:

- Schedule and hold the Brother Mentor Rite of Passage at least three times a year
- Ensure each member in the challenge has a professional mentor
- Develop relationships with external facilitators to ensure that all content is delivered by an expert
- Maintain a list with up-to-date contact information of professionals who are willing to serve as mentors
- Hold a reception or event to honor all professional mentors

The **professional mentor** is an **alumnus, volunteer, or community member** selected before a brother enters the Brother Mentor Challenge. This mentor helps foster the personal and professional growth of their mentee to prepare for life after college. These mentors have an opportunity to set up their mentees to be successful in the next phase of their lives. Professional mentors should meet these minimum standards:

- Graduated for three years and at least 25 years old
- Commit to giving the necessary time to spend with their mentee one-on-one
- Have experience in a career field that interests the mentee

## PROGRAMMING:

Additional Brother Mentor challenge resources can be found [here](#). As you build the Brother Mentor challenge, the time you spend on each of the development areas should closely resemble this breakdown:

**LENGTH:** UNTIL GRADUATION

**MEETING FREQUENCY:** ONCE PER MONTH

**RECOMMENDATIONS:**

**9-14 MEETINGS**

**10-14 ACTIVITIES**



### PROFESSIONAL DEVELOPMENT

⌚ 45% (4-6 Meetings)

#### SAMPLE CHALLENGE MEETINGS:

- Mock interviews with alumni or career services professionals
- Seminar on communicating SigEp's competencies to potential employers
- Alumni panel on professional lessons and advice



### LEADERSHIP DEVELOPMENT

⌚ 20% (2-3 Meetings)

#### SAMPLE CHALLENGE MEETINGS:

- Give presentations on past internships to younger chapter members
- Discuss the future of the chapter with the executive board
- Develop a bucket list for things that you should do while at your college/university



### PHYSICAL HEALTH AND WELLNESS

⌚ 15% (1-2 Meetings)

#### SAMPLE CHALLENGE MEETINGS:

- How to cook after college. Host an Iron Chef night.
- Discussion on healthy relationships post-college
- Dance class with a sorority



### INTELLECTUAL DEVELOPMENT

⌚ 15% (1-2 Meetings)

#### SAMPLE CHALLENGE MEETINGS:

- Cigar and whiskey tasting
- Host a debate between two political science professors
- Financial planning 101



### SIGEP DEVELOPMENT

⌚ 5% (1 Meeting)

#### SAMPLE CHALLENGE MEETINGS:

- Participate in the Hoop of Steel ceremony
- Discuss how to volunteer with SigEp post-graduation with the AVC president
- Host a Senior appreciation dinner