



**MEETING 5:
ACADEMIC AND
STUDENT
SUCCESS ON
CAMPUS**

SigEp

MEETING 5: ACADEMIC AND STUDENT SUCCESS ON CAMPUS

PURPOSE

This meeting should provide members an opportunity to learn about student success tactics that can be applied to their academic performance.

LEARNING OUTCOMES & OBJECTIVES

Participants will...

- Gain knowledge about on campus resources available for academic and student success.
- Understand the importance of involvement on campus.
- Develop a plan to improve their academic performance.
- Identify an area of involvement they will pursue.
- Begin to implement the academic plan they develop.

AREAS OF DEVELOPMENT

SigEp, Intellectual.

SESSION FACILITATORS

- Sigma Challenge coordinator.
- Guest speaker/facilitators.
- Campus student leader panel members.

SESSION OUTLINE [65 MINUTES]

- [5] Welcome.
- [5] Importance of academic and student success.
- [20] Strategies for academic success.
- [20] Student involvement panel.
- [10] Academic and involvement goal setting.
- [5] Session wrap-up.

MATERIALS & EQUIPMENT

- PowerPoint presentation and projector (if needed).

SESSION PREPARATION

- Arrange for campus professional to facilitate a brief session on academic success strategies.
- Arrange a panel of undergraduate campus leaders.
- Set up room for challenge meeting.
- Verify with the guest speaker the date and time of a meeting or activity.
- Send out a reminder to challenge participants about the meeting.

1. WELCOME [5]

WELCOME

The Sigma Challenge coordinator(s) should welcome members and introduce today's meeting topic.

GUEST INTRODUCTIONS

- The Sigma Challenge coordinator(s) should introduce today's guests:
 - Campus professional.
 - Strive to include a student affairs professional who focuses on academic achievement. This could include someone who works in the tutoring center or other academic services on campus.
 - Undergraduate campus leader panel members.
 - Strive to include undergraduate leaders from across campus. This does not need to solely include members of SigEp. If possible, try to engage student leaders from student government, service organizations, IFC/Panhellenic councils, on-campus employment, honors societies, professional associations, etc.
 - These students should be discussing the importance of getting involved and highlighting various opportunities for involvement.

2. IMPORTANCE OF ACADEMIC & STUDENT SUCCESS [5]

BEGIN THE SESSION BY HAVING EACH MEMBER ENVISIONING GRADUATION DAY. HAVE MEMBERS LIST THE ELEMENTS THAT WOULD SHOW THEY HAVE BEEN SUCCESSFUL IN COLLEGE.

- Have members share what they wrote down that would indicate their success in college.

DISCUSS HOW SIGEP CAN HELP THEM ACHIEVE STUDENT SUCCESS.

EXPLAIN THAT FOR THE REST OF THIS SESSION, THEY WILL BE EXPLORING TWO IMPORTANT AREAS OF STUDENT SUCCESS: ACADEMICS AND ON-CAMPUS INVOLVEMENT.

3. STRATEGIES FOR ACADEMIC SUCCESS [20]

A CAMPUS PROFESSIONAL SHOULD PRESENT ON STRATEGIES FOR ACADEMIC SUCCESS. THESE MIGHT INCLUDE:

- Study tactics.
- Time-management skills.
 - Time blocking.
 - 50/10 rule.
 - This strategy can be used to pace yourself during studying and working. For every hour, you would work for 50 minutes and take a 10-minute break to stay fresh and productive. It helps increase stamina and focus.
- Personal organization.
 - Planner/calendar use.

- Google Drive resources.
- Planning and managing course loads.
- Effectively working with professors and teaching assistants.
 - Using office hours effectively.
 - Requesting feedback on paper drafts and projects.
- The importance of balancing academics and extracurriculars.

THIS SESSION SHOULD ALLOW FOR MEMBERS TO DEVELOP STRATEGIES THAT WILL AID IN THEIR ACADEMIC SUCCESS.

THIS PORTION OF THE SESSION SHOULD CONCLUDE WITH A BRIEF PRESENTATION OF AVAILABLE ON-CAMPUS RESOURCES TO SUPPORT ACADEMIC SUCCESS FOR STUDENTS:

- Tutoring centers.
- Academic coaches.
- Study groups.
- Library and online resources.

SHOULD TIME PERMIT, ALLOW FOR A BRIEF QUESTION AND ANSWER SESSION WITH THE CAMPUS PROFESSIONAL.

IF YOUR CHAPTER HAS A FACULTY FELLOW, THEY WOULD BE AN OPTION TO LEAD/ASSIST WITH THIS SESSION.

4. STUDENT INVOLVEMENT PANEL [20]

UNDERGRADUATE CAMPUS LEADERS SHOULD HOLD A PANEL TO DISCUSS THE FOLLOWING:

- Their story of involvement.
- How they have learned and benefitted from their involvement.
- How they have given back to the campus community.
- Advice for how to get involvement on campus.

ALLOW TIME FOR MEMBERS TO ASK QUESTIONS OF THE PANEL MEMBERS.

5. ACADEMIC AND INVOLVEMENT GOAL SETTING [10]

- Explain that academic and student success does not happen overnight, but does take practice and goal setting.
- Remind members of the S.M.A.R.T. goal-setting format.
- Have each member create one S.M.A.R.T goal for academics and one S.M.A.R.T goal for getting involved on campus.
- Have members pair up and share their goals. Pairs should provide feedback and advice, if applicable.
- If time permits, have a few members share their goals with the group.
- Have each participant create an academic calendar including office hours, class times, exam dates and use time blocking to ensure study time.

- Have each participant identify an academic mentor in their area of study and reach out to that mentor in order to schedule a time to talk.

6. WRAP-UP [5]

LESSONS LEARNED:

Provide an opportunity for a few members to share the most important thing they learned from today's meeting.

FOLLOW UP:

- Formally thank the guests that are present.
- Set expectations for members to complete by the next meeting or event: meet with their new member mentor to discuss their academic and involvement S.M.A.R.T goals.
- Set time and place for next week's meeting.
- If guests allow, post/provide contact information for your guest speaker and panel members.

QUESTIONS:

Provide an opportunity to answer any questions members have from this meeting and in preparation for the next meeting.