Balanced Man Program Structure

Connecting Philosophy to Process
The Balanced Man Program’s philosophical tenets, or “why”, correspond directly with five processes necessary to implement the program effectively. The process encapsulates “how” the philosophy is enacted within the program.

Program Structure
The program’s structure is meant to provide meaningful development throughout a man’s collegiate experience by providing consistent mentoring and exposure to the Fraternity’s values. The structure is built out in a linear progression, emphasizing the growth and continuous pursuit of excellence along with the commitment to a single-tier of membership and equal rights and responsibilities among all members.

Sigma Challenge
Phi Challenge
Epsilon Challenge
Brother Mentor Challenge
Sigma ROP
Phi ROP
Epsilon ROP
Brother Mentor ROP
Six – eight weeks
12 – 52 weeks
28 – 80 weeks
Until graduation

New Member Mentor
Chapter Mentor
Community Mentor
Sigma Challenge
Phi Challenge
Epsilon Challenge
Brother Mentor Challenge
Ritual Experience Through Rites of Passage
Membership Lapsing
4 Self-Paced Challenges, Defined Minimum/Maximum Timeframes
Single-Tiered Membership, No Pledging, No Hazing
Equal Rights and Responsibilities
Continuous Development
Accountability
Living the Ritual
Mentoring
PHILOSOPHY
PROCESS